

SZSN Acquires Control Of Aerospace Agriculture!

Shandong Zhouyuan Seed and Nursery Co., Ltd (SZSN)
\$0.43 UP 79% in a Week!

SZSN announced its further expansion by acquiring 53.47% of Aerospace Agriculture Technology Ltd. This will further expand its distribution and R&D capacities. Get on SZSN Friday!

I also took a "total IGE" blood test.
" Well, yes, in fact, I do.

And above all, let me just say - I totally agree with this post.

Her program basically takes someone who lives on chips and pizza and chocolate and tells them to start eating vegetables, and everyone is better for it at the end.

But it is important to recognise the limits of this kind of evidence.

So - the evidence of one person is not really evidence at all.

My IBS is probably at the lower end of the spectrum in terms of intensity.

It's just that, as we both live in Southampton, it's possible I might even know you by sight as it sounds like you maybe work in the same sector as me?

Or even which comes first, if it is related.

There's still hope for the IGG test, and the Gut authors suggest that it might be useful in a subgroup of patients if nothing else.

But it does show that we really need to be sceptical about everyone, everything, and always ask questions before we trust someone with our health.

There are people with chronic pain who would give anything for a few seconds break from their agony, people with tinnitus who would give anything for a few blissful seconds of silence.

And I bet I'd still feel crappy in the end.

Now, I'm telling you all this as a warning, and the warning is this - make sure your doctor is a real one.

Tim Phelan was fresh out of college and starting his first full-time job when he drunk a cup of coffee, had to rush to the bathroom, and was never quite the same again.

Also, I always carry Imodium in my pocket or wallet.

Perhaps this is especially true for me because I receive so many anecdotes.

without much effect; well except that yellow sawdust they call fiber is helpful if disgusting,,, I guess.

I will continue to follow your blog with great interest.

Naturally, I thought screw that after managing to keep down less than a pint of the stuff.

" No offense, but it really doesn't take a self-proclaimed 'expert' to deduce this.

uk Extra note: I forgot to mention that Tim has his own website.

I was still suffering from the cramps, pain, and the Big D.

I'm not going to watch myself die.

well, she isn't a proper doctor.

We should all try to remember this fact.

She's very understanding but it bothers her.

Ms McKeith does have a PhD, but she obtained it via correspondence course from a non-accredited American university.

I have terrible times with it, but I also have good times, and I actually have times when I feel perfectly, absolutely well in every way.

" No offense, but it really doesn't take a self-proclaimed 'expert' to deduce this.

im just glad that with diet and medication my ibs is slowly and gradually becoming easier for me.

Like Tim, I gave it a try, and after a nasty reaction,decided that it was not for me.

Maybe I should hand out matches to everyone near me, with my sincerest apologies beforehand.

Incidentally, I mean Southampton UK, rather than Southampton NY.

The number of people in each category would tell you how good the garage actually was.

Since being home, i have had a couple of bad days - jet lag is over so they were not to do with that.

Check the date of my blog entries before replying - you can still comment on very old entries but you probably won't receive any replies.

I tried hypnotherapy twice, and it didn't do anything for me.

Firstly, IBS is not fatal.

The problem of trying to cope with IBS while at the same time keeping it secret

- and so often appearing rude or bizarre to the people around you - was one I particularly identified with.

I just want one test to work!

I'm already doing better than someone who's just had a heart attack, or a stroke, or got hit by a truck, or got stuck under something heavy when the fire alarm went off and oh no, it wasn't a drill.

People have told me so; it must be true.

I'm not going to watch myself die.

A little of the candida and other bad bacteria are ok, but too much and we're sick as dogs.

McKieth, partly for that reason, as I'd heard about the PHD thing before.

in case anyone thought differently.

Proof that hypno doesn't work for IBS?

Lastly there was a "food intoleranc test" that I believe used to be called cytotoxic.

well, she isn't a proper doctor.

I like to think that I control my IBS.

For example, I have IBS-C with a bit of diarrhea thrown in sometimes.

There's much overlap in my case.

They say if you eat enough vegetables you will never need to supplement with fiber.

Maybe I should hand out matches to everyone near me, with my sincerest apologies beforehand.

That's all there is to it.

Then it becomes a vicious circle and no one really has any idea what to treat if anything, or if the allergies, candida, leaky gut are just figments of our warped imaginations.

I have felt it's affected my life adversely, very much so.

Is that proof that gluten-free diets work for IBS?

com and type in "Gillian McKeith", and look at the bottom of the first page of results.

While Tim is dealing with the nightmare of IBS, he is also trying to establish a career and a personal life.

Sugar will just kill me, as some think it will all of us.

So other people have no real right to say "stop moaning" to us, because in our world, it's a huge factor, and the longevity of it cannot be easily ignored as a factor.

just read Rob's entry - do we three really live in the Southampton area?

Conventional docs tend to attack new ideas until they can really be proven.

Maybe I should hand out matches to everyone near me, with my sincerest apologies beforehand.

IBS is gaining more and more acceptance as a genuine medical disorder, and the sufferers are gaining more respect.

I know if I wrote a book on it, it would be a screaming tirade against life, the universe and everything for lumbering me with this huge pain in the ar.

A non-sufferer said that to me once and my spleen immediately ate itself.

it would be good to meet up sometime- if so - to put faces behind the postings, and no doubt discuss you-know-what!

Conversely, I find a gluten-free diet very helpful.

in case anyone thought differently.

There is, thankfully, a happy ending to his story.

The reviewer - Neil Davey- is sympathetic with his problems and his attitude to them- and writes about Tim's wanderings into complimentary medicine.

So, these podcasts are the second and third chapters of my story.

The upset stomach I suffered that day might have been the trigger that initiated my IBS.

I tried hypnotherapy twice, and it didn't do anything for me.

Check the date of my blog entries before replying - you can still comment on very old entries but you probably won't receive any replies.

Like many people, he is reluctant to talk about his illness, and his little whit

e lies and avoidance of non-toileted situations quickly lead to problems. And how I can empathise with Tim on that 'adventure'. Because Ms Gillian McKeith likes to call herself Dr Gillian McKeith in her program titles and indeed in all her marketing, but from now on she won't be able to, because.

Very debilitating for him.

I accept that a medically trained Homeopath can be of great assistance, but that is due to their previous full doctors training - they have access to blood tests, X-rays etc.

When an AIDS patient comes down with a secondary infection or a rash, doctors will treat it, it makes the patient more comfortable, but the AIDS is still there.

that would good on the coffee table with the assorted tomes on Natural History and travel !

There's much overlap in my case.

So, these podcasts are the second and third chapters of my story.

Not even my hubby or my closest friend want to hear about it.

Could be worse - as Sophie lists so many other far worse and debilitating conditions.

Conversely, I find a gluten-free diet very helpful.

that would good on the coffee table with the assorted tomes on Natural History and travel !

But the way it's treated, people tend to assume if I just give things a go, perhaps it will be OK.

what you do professionally?

Lastly, I never look a gift fanatic in the mouth.

She even sued Google!

But it does show that we really need to be sceptical about everyone, everything, and always ask questions before we trust someone with our health.

com Buy Romance, Riches and Restrooms from Amazon.

A complete stranger could work that out in the time it took to glance at them, especially if they were in the supermarket queue at the time.

I tried all the supplements and they very little.

From now on anyone who wants to examine my poo better be prepared to let me examine their credentials first!

I've asked my gastro and he said he's never heard of it, so I'm not sure who to believe.

Next, the placebo effect applies to all kinds of medical treatments, and we all know how powerful sugar pills and even fake surgeries can be - when we think we're going to feel better, we often do.

my cousin has recently developed alopecia and has to shave off her locks of chestnut hair.

I'm not going to have to go through a humiliating and depressing slow loss of all my faculties.

It would not be that hard for YorkTest US to engage some relevant research centres and run an appropriate, multi-centre trial.

In any case, keep up the good work.

He always has another trick up his sleeve.

Yeah, that's a good way to choose a life partner.

I was still suffering from the cramps, pain, and the Big D.

The cytotoxic test is described as follows: In vitro testing where food extracts are mixed individually with patient plasma containing white blood cells, platelets and red blood cells.

Also, I always carry Imodium in my pocket or wallet.

" No offense, but it really doesn't take a self-proclaimed 'expert' to deduce this.

Sometimes I wish it was something else, then at least I would know why I suffer and maybe there would be a cure.

IBS does not rob my of my independence.

Most of the time, I just stay plugged up, with the occasional Montezuma's Revenge

e type diarrhea.

Just knowing that someone else has it as badly as I do was a, shall we say, comfort.

But telling myself that there are people worse than me makes me feel guilty and humble for a while - but as soon as the pain starts again that's all out the window lol.

I'm not quite sure how I'm going to handle being in public.

Finally on the mend now.

I have two brothers and both need to wear glasses where as my eye sight is perfect.

I wish somebody could encapsulate the whole thing into a pill.

Although he couldn't put a name to the illness until years later, he had begun to suffer from diarrhea-predominant IBS.

It's actually going to be a lovely, positive, fluffy bunnies dancing in the bright clean morning light happy entry.

It would not be that hard for YorkTest US to engage some relevant research centres and run an appropriate, multi-centre trial.

Maybe I should hand out matches to everyone near me, with my sincerest apologies beforehand.

Do you think you wrote this now because you've having a better time of it recently, and that perhaps some of the things you're trying might be working to an extent?

Next, I threw the damn bottle in the trash since I can't remember which website I got it from anyway.

So - the evidence of one person is not really evidence at all.

Dr Hunter also said that the mere presence of high IgG levels may not correlate with a bad reaction to that food.

Better that than analysing what's wrong.

You probably wouldn't get that though - you'd probably get some people who agreed with Bob, some who disagreed, and some in the middle.

Plus peanuts put sores in my mouth.

Some of the reactions he receives were understandable, and some of them just made me fume.

My allergist believes that for those of us who are really sick diet won't be enough initially.

Anyway, great job with the web log, I want to try digestive advantage but I can't get it here in oz.

He treated me with Sennokot, which I discontinued a year or so later.

According to him, people of the same blood type have similar if not identical results on the test.

I have felt it's affected my life adversely, very much so.

Good luck to Tim, and I hope that his candid book hits home, at those cynics who think it is all in the head.

I will continue to follow your blog with great interest.

BUT - it's not the end of the world.

He's up most nights scratching.

Eat living foods that have enzymes still intact that haven't been processed out of existence.

This is proof that the garage have some kind of skill at fixing cars, and it is proof that on this occasion they managed to fix Bob's car.

i was laughing so hard.

That's enough from this anecdotal cynic !

It'll go all squidgy.

Or even which comes first, if it is related.

Could be worse - as Sophie lists so many other far worse and debilitating conditions.

Now, I'm telling you all this as a warning, and the warning is this - make sure your doctor is a real one.

a family member of mine has Chrones and yet he lives a full and active life - so if he can't I?

So he stopped testing and just assumes that most of his patients have it but is relegated to treating their allergies, candida, vitamin and mineral deficiencies etc.

Please don't ask me why I take two different ones, I really don't know why except it's just one of those illogical things you do when you're trying to feel better.

It's bloody awful, IBS, sometimes, and what bothers us is always subjective. He always has another trick up his sleeve.

IBS is not progressive.

One girlfriend tells Tim that he just needs to face his fears about public transport because "It would be nice if you started to act like a man".

They say if you eat enough vegetables you will never need to supplement with fiber.

And some days are better than others.

These solutions include using an industrial car park as an impromptu toilet, and relieving himself in a public park while getting filmed by a tourist with a camcorder.

You mentioned 'tinnitus' - yes!

And, in the case of IBS, and indeed other medical conditions, there are many other reasons why I shouldn't be convinced by the evidence of one person.

Like IBS one learns to live with it - I keep the radio on all day, and go to sleep with it on - at a volume that cancels out the everlasting hiss and whistle that is taking place in my cranium!

So I guess I'll just stick to the pink stuff for now.

Now, I do have to say that there are times when anecdotal evidence is very useful.

Not everything, but something.

You should stop all that, eat some veg and drink water and perhaps think about walking somewhere every now and then fattie.

Now, I don't know about you, but I would never have thought to doubt that someone appearing on a mainstream telly channel and credited as a doctor wasn't an actual doctor.

without much effect; well except that yellow sawdust they call fiber is helpful if disgusting,,, I guess.

Goldacre for coining the term 'referenciness' to describe the academic rigour of Ms McKeith's work.

Finally on the mend now.

But if the thing needs criticising then it needs criticising, and Shinga suggests a number of reasons why the IGG test might not be all that flash.

It's bloody awful, IBS, sometimes, and what bothers us is always subjective.

I started reading your blog and even though I still don't feel well, your entries allowed me to giggle uncontrollably at this horrible condition I have.

Ah the morbid curiosity of the homo sapien.

Although he couldn't put a name to the illness until years later, he had begun to suffer from diarrhea-predominant IBS.

Firstly, IBS is not fatal.

I truly laughed so hard at some of your entries that I had tears streaming down my face.

Proof that hypno doesn't work for IBS?

In other words, I don't think IGG is the root of all evil, or that lowering our levels of it will cure the IBS, arthritis, eczema.

But it is quite isolating as a rule, because it's one of those "there's nothing much I can do but live with it" things to a degree.

She seems to have made a living out of stating the bleedin' obvious to fat people: "You eat badly.

But it does show that we really need to be sceptical about everyone, everything, and always ask questions before we trust someone with our health.

Then each test had a few that didn't correlate with the others.

Even the fanatic that wrote "Eat Right for Your Blood Type" I believe is on to something.

I'm not quite sure how I'm going to handle being in public.
But isn't it great that someone is looking into what role if any it does play?
They're really no fun at all.